

## Seeing The Wind

1. Lewis and Clark Expedition
2. Meriwether Lewis surprise
3. The lessons learned after crossing the Rockies
4. The hard part was behind Peter-that is getting out of the boat.
5. What does the author suggest about Matthews intention including what takes place after he enters the water.
6. Read Last Paragraph on page 96
7. What is the study about resilience
8. Resilience is a condition whereby they actually enlarge their capacity to handle problems and, in the end, not only survive but grow.
9. Read the characterize of Resilience. Pg 97
10. Read the Joseph story
11. What did Joseph Rob indicate?
12. What made this coat a point of contention with his brothers?
13. What is Joseph's attitude toward the robe?
14. How does this serves as a security blanket for Joseph?
15. Why did Joseph's dream cause so much commotion in his family? (Prophetic).
16. What did the dream indicate? Paragraph above facing the storm
17. What is Joseph's Wind?

18. Resilient People exercise control in a stress-filled environment
19. What kept Joseph going? The Lord was with him.
20. Faith believes that with God, we are never helpless victims.
21. He worked as if he had something to do.
22. Abba Anthony PG 103.
23. Resilient People is committed to his values
24. CS Lewis and most vulnerable when our energy level is low.
25. Problems and discouragement are the blue light that make sin appear irresistible.
26. Resilient people find meaning in the storm.
27. Person in the concentration camp that had nothing to live for died.